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Email : h_arazi2003@yahoo.com

- 2 - Concurrent Exercises
- 3 - Leukocyte

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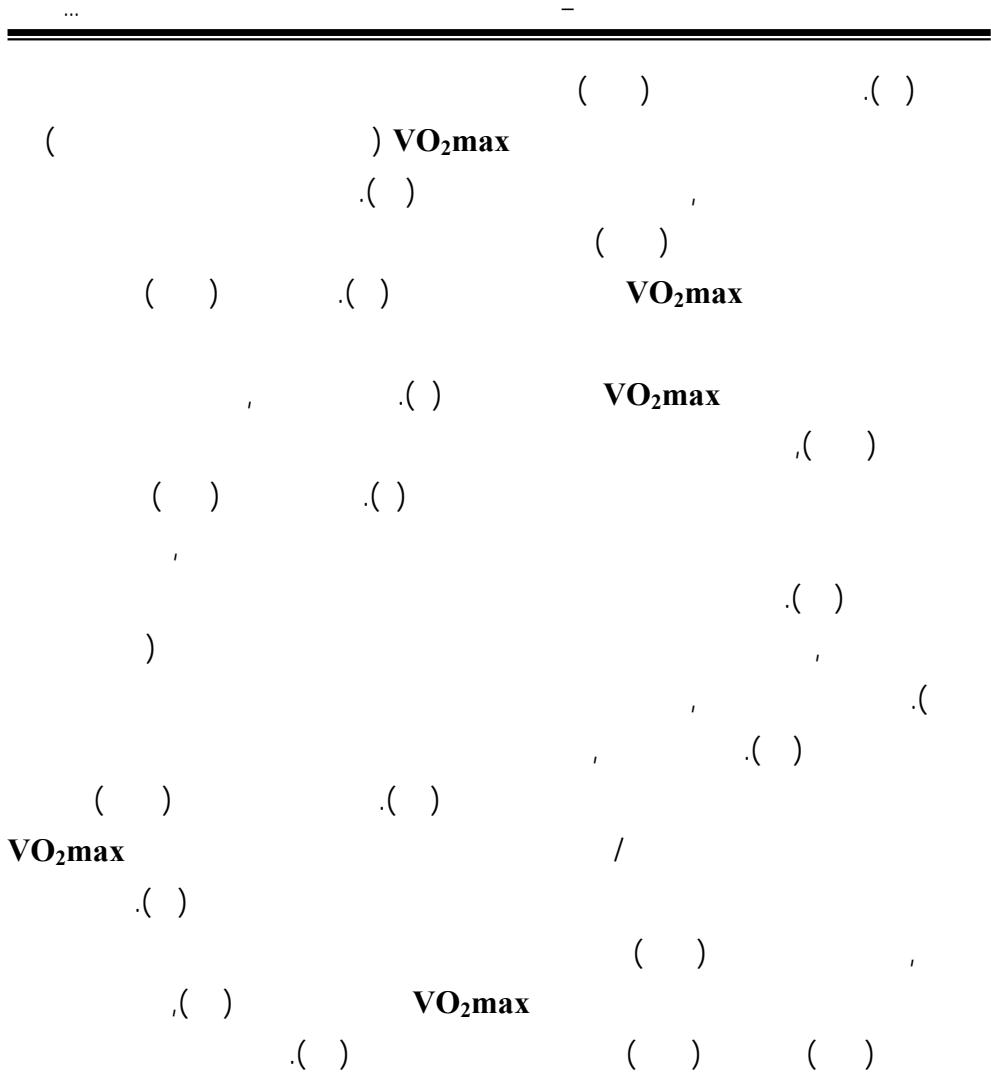
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1- Cytokines

2- Leukocytes Adhesion

3- Field et al

4- Nielsen et al



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- 1- Ronsen et al
 2- Nieman et al
 3- Gleeson
 4- Ansley et al
 5- Simonson
 6- Tzai and Gleson

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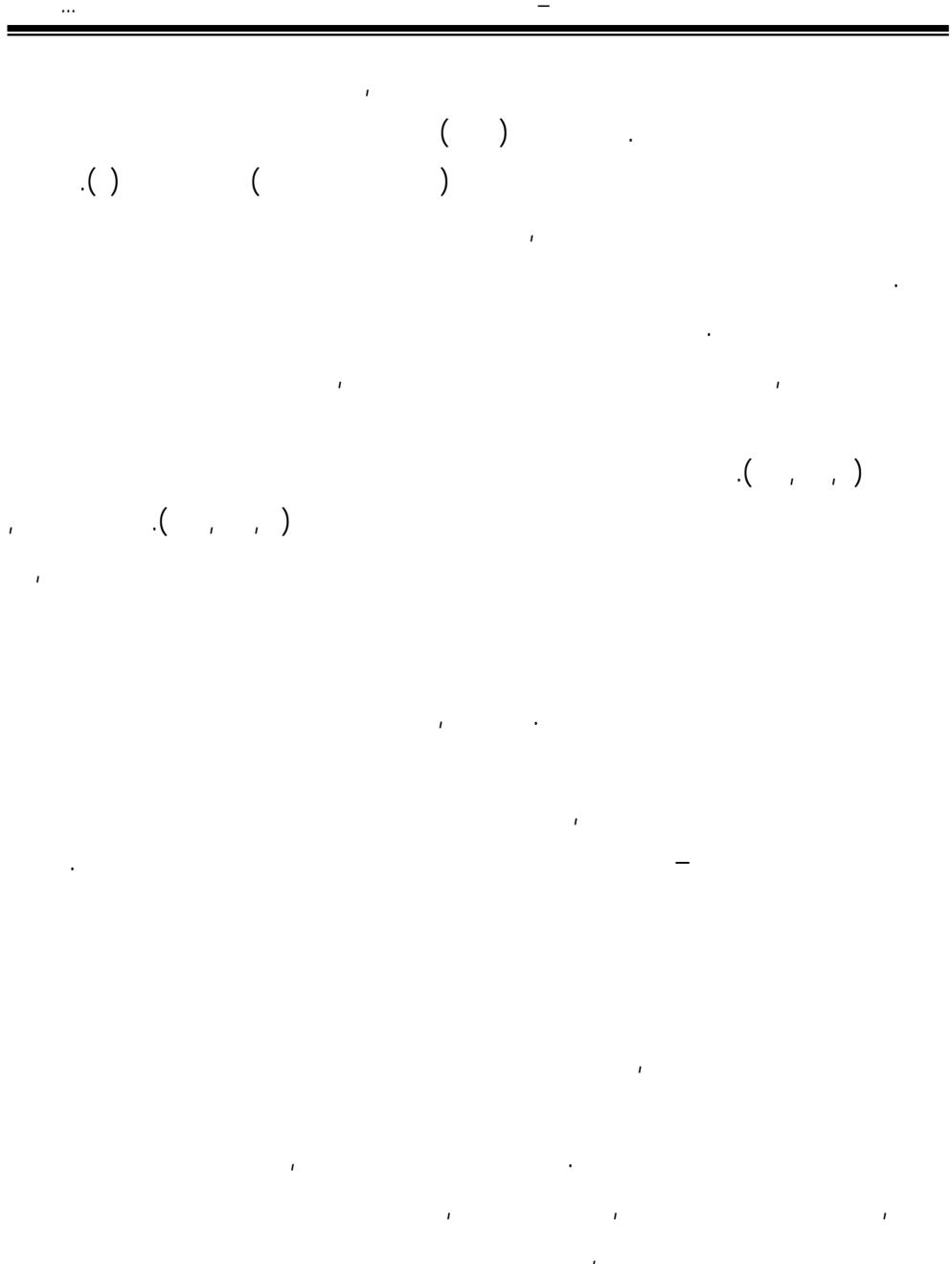
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- 1- Innate Immunity
 - 2- Kendall et al
 - 3- Shek et al
 - 4- Gabriel et al
 - 5- Pedersen and Steensberg
 - 6- Scharhag et al
 - 7- Shinaki et al
 - 8- Iversen et al
 - 9- Nemet et al



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1- Fax

2- Lat Pull-Down

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BV_a=BV_b × (HB_b/HB_a) **BV_b= mI**
RCV_a=BV_a × HCT_a **RCV_b=HCT_b**
PV_a=BV_a - RCV **PV_b=[1-(HCT_b/100) × 100]**

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1- Bonferroni Post-hoc Test

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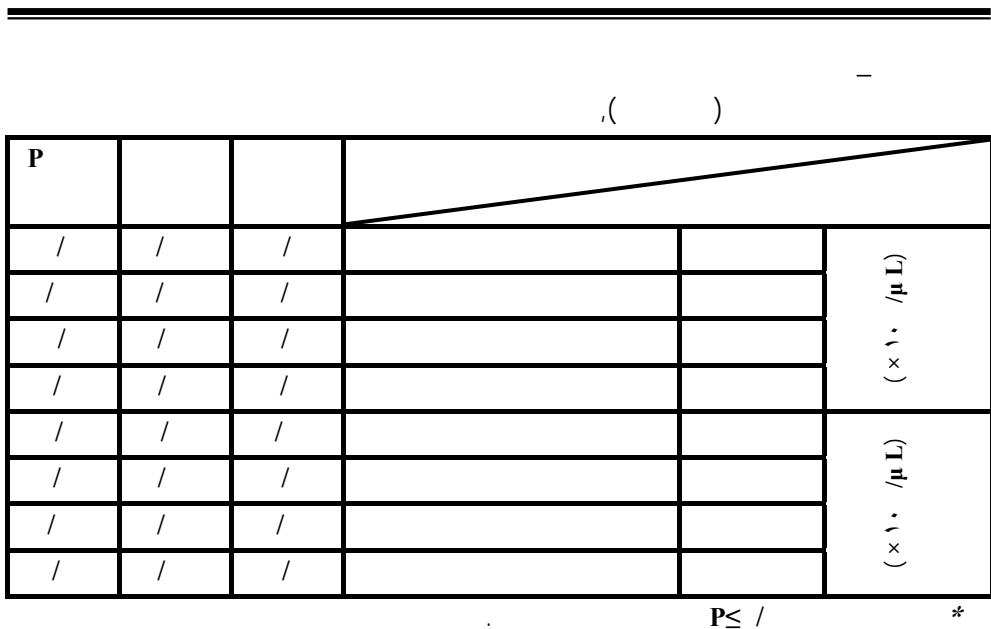
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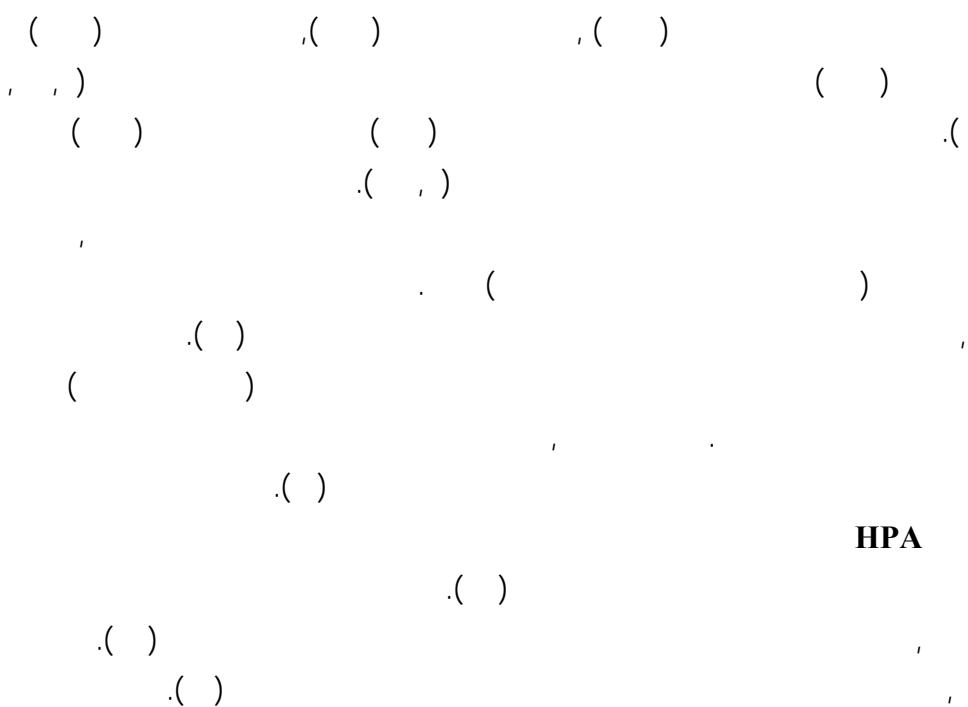
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- 1- Lymphocytosis
 - 2- Weight Lifting
 - 3- Rowing

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- 1- Stress Hormones
2- Acute Phase Proteins

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